

*Professional Experience*

**Principal: McAlpine Consulting for Growth**

August 2001- present

McAlpine Consulting for Growth works with organizations and individuals on organizational development, leadership coaching and policy advocacy. More information and client list available at [www.LMcAlpine.com](http://www.LMcAlpine.com).

**Interim Executive Director: Health and Medicine Policy Research Group**

June 2006-August 2007

Provided management and policy advocacy services for a nonprofit advocacy organization addressing healthcare access issues for residents of Cook County and the State of Illinois. Coordinated the 25<sup>th</sup> anniversary fundraising event and oversaw a budget of approximately \$800,000. Responded to the FY2007 budget crisis at the Cook County Bureau of Health Services and organized advocacy efforts to restore the cuts in health care services.

**Policy Director: Illinois Caucus for Adolescent Health**

August 1997-June 2002

Responsibilities included public policy advocacy strategic planning and implementation program development, staff supervision, grant writing and organizational development. Legislative and administrative advocacy, and grassroots organizing on adolescent health issues.

**Executive Director: Chicago Women's Health Center**

June 1991-July 1997

Directed the work of a non-profit health center serving 5,000 women per year providing clinical services of obstetrics/gynecology and psychotherapy, and educational outreach to community groups. Duties included staff supervision, grant writing, fiscal management, public relations and program development.

**Social Worker: Chicago Women's Health Center**

September 1989-July 1997

Created and implemented the social work program, providing psychotherapy and social work services to women and adolescent girls, with a special focus on pregnancy, pre-natal and post-partum issues as well as domestic violence and sexual assault. Individual and group psychotherapy. Also provided doula/birth attendant services, giving prenatal health education and labor support to pregnant women and girls. Provided breastfeeding and post-partum support.

**Research Assistant: University of Chicago**

June 1990-June 1991

Conducted research on aging issues in the Chicago area as part of a larger project funded by the Chicago Community Trust. Compiled existing data, interviewed community based service providers, wrote chapters for final report.

**Adjunct Faculty: Columbia College**

January 1990-June 1992

Instructor for 16 week course entitled "Women's Health Care Issues."

**Project Coordinator: Pediatrics, University of Illinois Hospital**

August 1984-August 1988

Coordinated research of critically ill children. Supervised staff and participated in research design, data collection, grant writing and report writing. Inventor of medical instrument used to collect data; granted U.S. patent.

**Trainer: Developmental Services Center, Champaign, IL**

October 1983 – August 1984

Provided one-on-one and group training to developmentally disabled adults in a sheltered workshop setting.

**Child Care Worker: Children's Home Society, San Francisco, CA**

June 1982 – October 1983

Provided care for foster children with emotional and behavioral diagnoses in a group home setting.

Educational Record

**University of Chicago: School of Social Service Administration**

Master of Arts, policy concentration, June 1990.

**University of Illinois at Urbana-Champaign: College of Liberal Arts**

Bachelor of Science in Psychology, May 1982.

Social Work Internships

Illinois Caucus for Adolescent Health, October 1989-July 1990

Chicago Metropolitan YWCA, October 1988-May 1989

Champaign County Mental Health Center, September 1981-May 1982

A Woman's Place, Urbana, IL, September 1980-May 1981

Licensure

Licensed Clinical Social Worker: Illinois license #149-006190, received 11/30/94

Publications, partial list

1. Gender Matters: Meeting the Physical and Mental Health Needs of Detained Girls. Policy Recommendations to the Cook County Juvenile Temporary Detention Center. Cummings, Katina and Laura McAlpine. Health and Medicine Policy Research Group, Chicago, IL. April 2008.

2. Gender Matters: Restoring the Health of Incarcerated Girls. Policy Recommendations to the Illinois Department of Juvenile Justice. Cummings, Katina and Laura McAlpine. Health and Medicine Policy Research Group, Chicago, IL. March 2008.

3. A Call to Action: The Full Report on the Yearlong Statewide Initiative “What Will it Take? Building the Safest State for All Women and Girls.” Schultz, Susy; Johnson, Lynne; and McAlpine, Laura. Chicago Foundation for Women, Chicago, IL. December 2007.
4. Striking a Balance Administrative Cost-Sharing in School Health Centers: A Feasibility Study. McAlpine, Laura and Brenda Bannor. Illinois Coalition for School Health Centers, Chicago, IL. September 2005.
5. Safety for all: Addressing anti-gay violence in Illinois Schools. Kenney, S. McAlpine L., Morten, M. Horn, S. Logue, P. and Maschinot, B. Coalition for Education on Sexual Orientation, Chicago, IL: October 2003
6. Aging in Chicago: Transportation Report. Workman J, Lawlor E, McAlpine L. University of Chicago, 1993.
7. Heart Rate Spectral Analysis and Pediatric Brain Death. Sobel D, McAlpine L., Keckses S, Gordon D. Soc for Ped. Res., June 1988(a).
8. Antenatal Antibiotics in PROM Prevents Congenital Bacterial Infection. Sobel D, Parsons M, Roitman J, McAlpine L., and Cumminsky K. Soc. for Ped. Res., June 1988(a).
9. Heart Rate Spectral Analysis, A Non-Invasive Probe of Cardiovascular Regulation in Critically Ill Children, With Heart Disease. Gordon D, Herrera V, McAlpine L., Cohen R, Lang P, Norwood W. Pediatric Cardiology; May 1988; 9(2), pp. 17-23.

#### Patent

Methods and Apparatus for Monitoring Cardiovascular Regulation Using Heart Rate Power Spectral Analysis. Arai M, McAlpine L., Gordon D. Approved 6/89.

#### Volunteer Activities

Amundsen and Lake View High School Health Center, Advisory Committee member  
Illinois Safe Schools Alliance, Board member/Treasurer  
Governor Blagojevich’s Commission on Discrimination and Hate Crimes, Commission member